

Name \_\_\_\_\_

Date \_\_\_\_\_ Score \_\_\_\_\_

## ASSIGNMENT SHEET

### CHAPTER 11: ANATOMY AND PHYSIOLOGY OF THE HUMAN BODY

#### Unit 11: The Urinary System

#### WORDS TO KNOW CHALLENGE

##### A. Word Scramble: Unscramble the following terms.

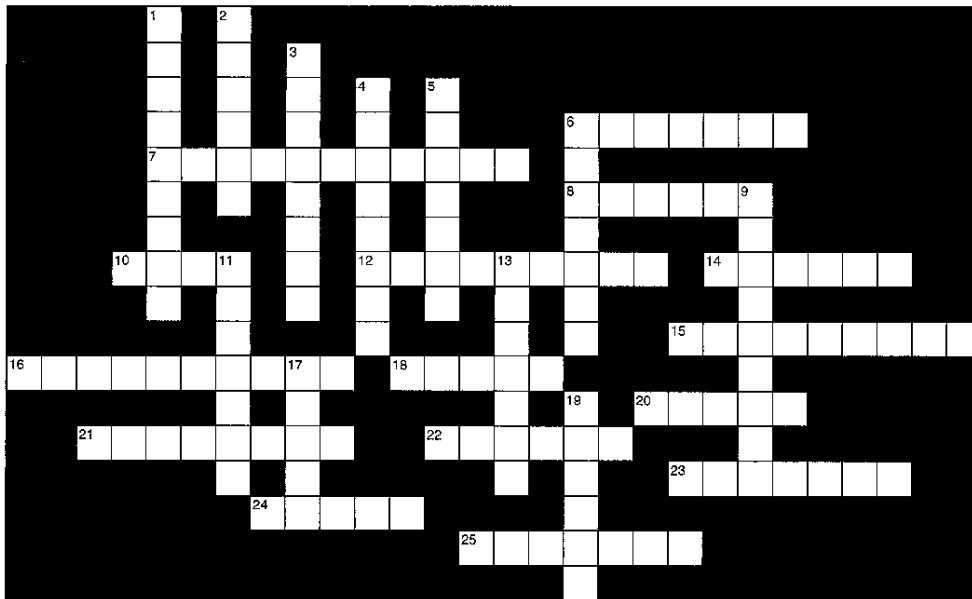
- |           |  |
|-----------|--|
| 1. _____  | <u>O</u> <u>R</u> <u>A</u> <u>T</u> <u>N</u> <u>I</u> <u>C</u> <u>U</u>                            |
| 2. _____  | <u>D</u> <u>E</u> <u>L</u> <u>B</u> <u>R</u> <u>A</u> <u>D</u>                                     |
| 3. _____  | <u>L</u> <u>R</u> <u>A</u> <u>G</u> <u>O</u> <u>I</u> <u>U</u> <u>I</u>                            |
| 4. _____  | <u>E</u> <u>Y</u> <u>A</u> <u>C</u> <u>S</u> <u>L</u> <u>C</u>                                     |
| 5. _____  | <u>Y</u> <u>A</u> <u>U</u> <u>P</u> <u>I</u> <u>L</u> <u>O</u> <u>R</u>                            |
| 6. _____  | <u>I</u> <u>S</u> <u>Y</u> <u>T</u> <u>I</u> <u>C</u> <u>T</u> <u>S</u>                            |
| 7. _____  | <u>A</u> <u>Y</u> <u>I</u> <u>S</u> <u>L</u> <u>S</u> <u>D</u> <u>I</u>                            |
| 8. _____  | <u>R</u> <u>I</u> <u>Y</u> <u>S</u> <u>A</u> <u>D</u> <u>U</u>                                     |
| 9. _____  | <u>N</u> <u>E</u> <u>R</u> <u>T</u> <u>N</u> <u>O</u> <u>I</u> <u>T</u> <u>E</u>                   |
| 10. _____ | <u>E</u> <u>N</u> <u>R</u> <u>E</u> <u>T</u> <u>S</u> <u>O</u> <u>I</u> <u>C</u>                   |
| 11. _____ | <u>R</u> <u>T</u> <u>E</u> <u>I</u> <u>S</u> <u>R</u> <u>T</u> <u>U</u> <u>C</u>                   |
| 12. _____ | <u>H</u> <u>U</u> <u>A</u> <u>T</u> <u>R</u> <u>E</u> <u>R</u>                                     |
| 13. _____ | <u>O</u> <u>N</u> <u>H</u> <u>E</u> <u>P</u> <u>N</u> <u>R</u>                                     |
| 14. _____ | <u>U</u> <u>I</u> <u>L</u> <u>A</u> <u>L</u> <u>C</u> <u>C</u>                                     |
| 15. _____ | <u>I</u> <u>O</u> <u>Y</u> <u>P</u> <u>I</u> <u>T</u> <u>L</u> <u>H</u> <u>R</u> <u>S</u> <u>T</u> |

##### B. Word Puzzle: Use the clues listed to spell out these terms.

- |    |  |   |  |
|----|--|---|--|
| 1. |  | U |  |
| 2. |  | R |  |
| 3. |  | I |  |
| 4. |  | N |  |
| 5. |  | A |  |
| 6. |  | R |  |
| 7. |  | Y |  |

1. Absence of urine
2. The act of separating and removing
3. Retroperitoneal organ
4. The act of expelling from body
5. Presence of blood in the urine
6. Cluster of capillaries
7. Group of organs

### C. Crossword Puzzle



#### ACROSS

6. Kidney stones
7. The act of passing urine
8. The act of drooping
10. To urinate
12. A narrowing
14. Tube from kidney
15. The act of producing from the blood
16. Renal capillary
18. Greek word for cup
20. Notched area of kidney
21. Bladder inflammation
22. Urine products in the blood
23. Drains urine from the bladder
24. Pertaining to the kidney
25. Sudden urge to void

#### DOWN

1. The act of separating waste from the blood
2. Absence of urine
3. Urine left after voiding
4. Artificially clean the blood
5. System in this unit
6. Contains glomerulus
9. A narrowing
11. Painful urination
13. Calyx (pl.)
17. Waste product of the kidneys
19. The organ that removes wastes from the blood

**UNIT REVIEW**

**A. Matching: Match the term in column I with its description in column II.**

- COLUMN I**
- \_\_\_\_\_ 1. Cystitis
  - \_\_\_\_\_ 2. Glomerulonephritis
  - \_\_\_\_\_ 3. Nephrotic syndrome
  - \_\_\_\_\_ 4. Polycystic kidney disease
  - \_\_\_\_\_ 5. Pyelonephritis
  - \_\_\_\_\_ 6. Renal failure
  - \_\_\_\_\_ 7. Stricture
  - \_\_\_\_\_ 8. Calculi
  - \_\_\_\_\_ 9. Uremia

- COLUMN II**
- a. Urgency, dysuria, nocturia, hematuria, ammoniac or fishy odor to urine, high fever, chills, flank pain, fatigue
  - b. Small stream of urine, prolonged urination time
  - c. Oliguria, azotemia, severe electrolyte imbalance, acidosis, uremia, other body system involvement
  - d. Frequency, dysuria, bladder spasms, sharp stabbing pain upon urination
  - e. Severe pain beginning in kidney, moving to groin area, nausea, vomiting, chills, and fever
  - f. Generalized dependent edema, pleural effusion, ascites, lethargy, fatigue, pallor, swollen external sexual organs
  - g. Urine products in the blood, coma, toxic waste levels in blood, eventual death
  - h. Moderate edema, proteinuria, hematuria, oliguria, fatigue, urinary casts, hypertension
  - i. Pointed nose, small chin, floppy low-set ears, inner eyelid folds, eventually widened body, swollen, tender abdomen, life-threatening bleeding, ureteral spasms

**B. Short Answer**

1. List the three main functions of the urinary system, explaining the meaning of each.
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
2. Identify the organs of the urinary system; describe their physical characteristics.
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_
  - c. \_\_\_\_\_
  - d. \_\_\_\_\_
3. How does the urinary system work with the other body systems to accomplish its job? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. How is the interior of the kidney constructed? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

5. List the parts of the nephron and describe the function of each part.

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

d. \_\_\_\_\_

6. Describe kidney dialysis, and identify two major types or methods. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

7. What are the two main categories of diagnostic examinations? Give one example of each type. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

8. Name the three types of incontinence.

a. \_\_\_\_\_

b. \_\_\_\_\_

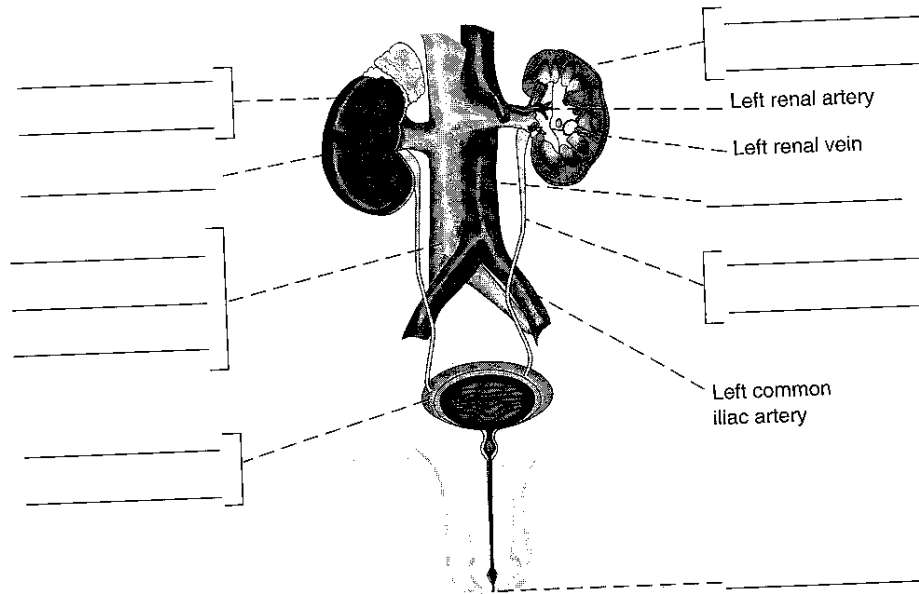
c. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**C. Label the Illustrations**

1. Label the illustration of the urinary system using the following terms. Refer to Figure 11-175 in the textbook.

- Aorta
- Inferior vena cava
- Hilum
- Left kidney
- Left ureter
- Right kidney
- Urethra
- Urinary bladder



2. Label the illustration of the interior of the kidney with the following terms. Refer to Figure 11-176 in the textbook.

Cortex

Hilum

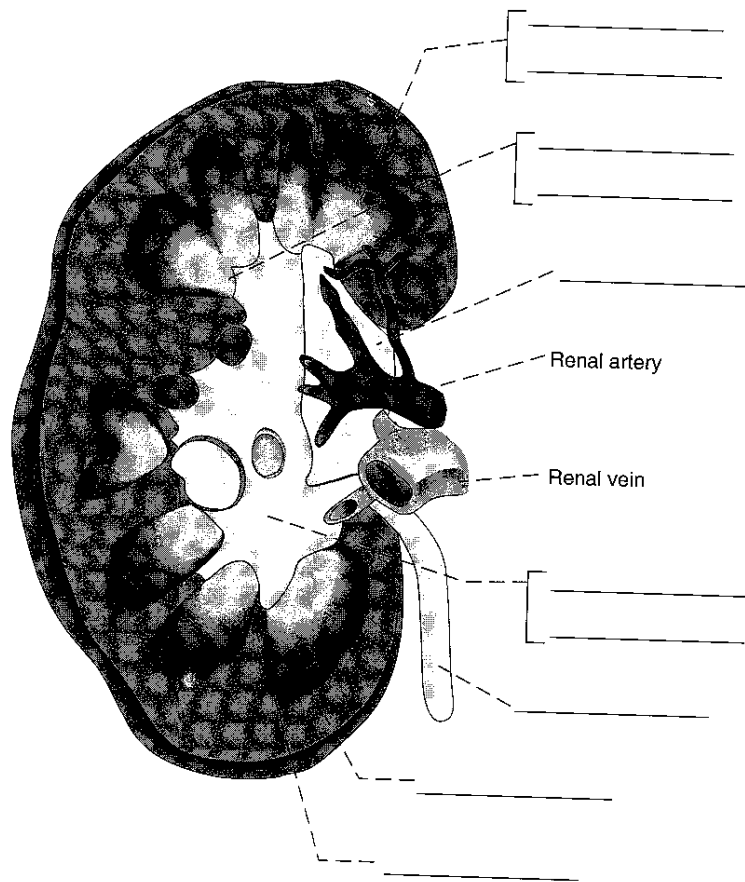
Medulla

Renal papilla

Renal pelvis

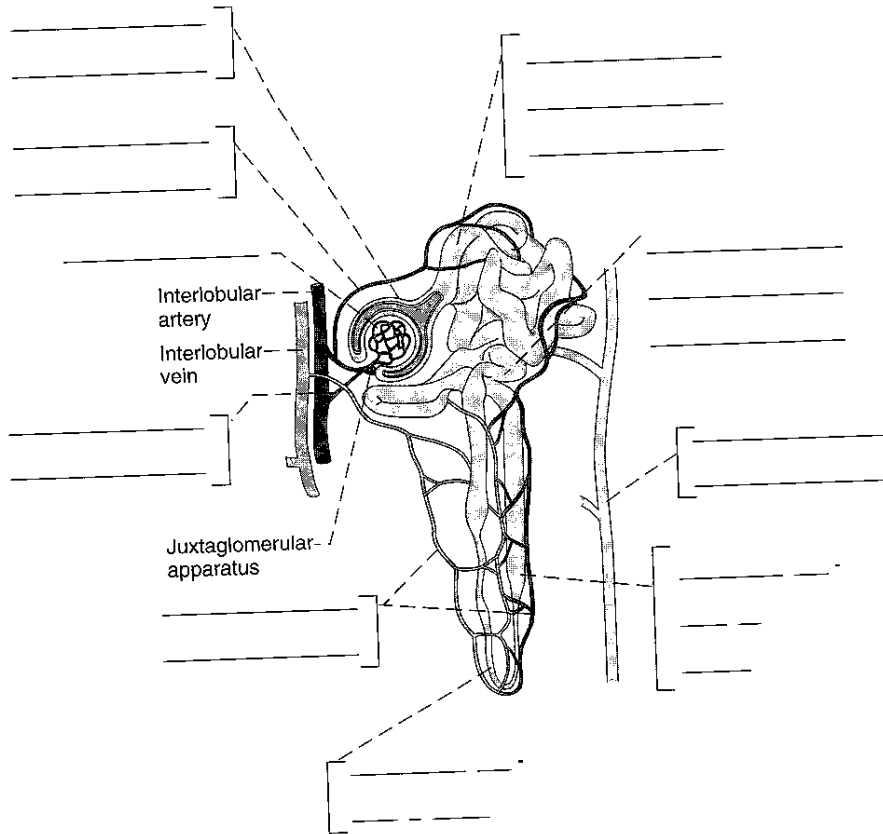
Renal pyramid

Ureter



3. Label the illustration of a glomerulus using the following terms. Refer to Figure 11-177 in the textbook.

- Afferent arteriole
- Ascending limb-loop of Henle
- Bowman's capsule
- Collecting tubule
- Descending limb-loop of Henle
- Distal convoluted tubule
- Efferent arteriole
- Glomerulus
- Peritubular capillaries
- Proximal convoluted tubule



### CASE STUDIES

#### Scenario 1

A female patient calls to find out whether if she is experiencing a reaction to a cystoscopic examination three days ago. She has started going to the bathroom frequently and, now it is beginning to be painful. She thinks it looks like there might be a little blood in her urine. She wonders if this is common.

**Critical Thinking Questions**

1. What other symptoms would you want to rule out? \_\_\_\_\_  
\_\_\_\_\_
2. Why should you ask if she has done anything to treat herself? \_\_\_\_\_  
\_\_\_\_\_
3. Why should you ask where can you reach her after talking to the physician? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Scenario 2**

Mr. Stark called complaining of severe pain off and on in his lower abdomen. He has been nauseated and vomited a couple times. He feels he has a fever and thinks he may have the flu. He wants the doctor to call in a prescription for him.

**CRITICAL THINKING QUESTIONS**

1. When did the pain begin and what is its character and intensity? \_\_\_\_\_  
\_\_\_\_\_
2. Did he eat anything different? \_\_\_\_\_  
\_\_\_\_\_
3. Does he still have his appendix? \_\_\_\_\_  
\_\_\_\_\_
4. Are there any other symptoms? \_\_\_\_\_  
\_\_\_\_\_

**UNIT APPLICATION**

**Research Activity**

Suppose you or someone you know developed an end-stage kidney disease. How would you educate yourself about the kidney transplant process? Obviously, there would be physicians and transplant center personnel to assist you, but let's find out a little basic information on our own. The University of Southern California has an easy-to-read website at [www.kidneytransplant.org/patientguide](http://www.kidneytransplant.org/patientguide). Go to this website and read about the pretransplant evaluation.

1. What is "tissue typing"?
2. Why are mammograms and PAP tests required for female recipients?
3. Why do recipients have to see a dentist?
4. What is crossmatch testing?



Go back to main page and click the Kidney Transplant Surgery Procedure link.

5. Where is the donor's kidney placed?

Go back and study the links under the Donation Process head. Here you can learn about donation, qualifying the recipient, and organ acceptability.

Another site has some interesting facts. Go to <http://nlm.nih.gov/medlineplus>. Click the Medical Encyclopedia link, then click "K," and scroll down to Kidney Transplant.

1. How many transplants are performed in the United States in a year?
2. How is the kidney maintained for transplant?
3. What is the time limit for transplantation?
4. What is the survival rates at one, three, and ten years?

#### CERTIFICATION AND REGISTRATION PREPARATION

- \_\_\_\_\_ 1. Which of the following diagnostic procedures is not noninvasive?
 

a. Catheterization	c. KUB series
b. Ultrasound	d. Fluoroscopy
- \_\_\_\_\_ 2. A clean catch specimen is not:
 

a. a sterile specimen	c. collected by the patient
b. caught in midstream	d. obtained after careful cleaning
- \_\_\_\_\_ 3. An intravenous pyelography:
 

a. requires catheterization	c. is a noninvasive procedure
b. is an X-ray study with contrast media	d. allows visualization of the bladder interior
- \_\_\_\_\_ 4. Which of the following terms does not refer to a type of incontinence?
 

a. Stress	c. Urge
b. Overflow	d. Pressure
- \_\_\_\_\_ 5. Polycystic kidney disease is characterized by:
 

a. large number of protein molecules in the urine	c. a history of a systemic infection
b. fluid-filled structures within the kidney tissue	d. rapidly developing symptoms
- \_\_\_\_\_ 6. Which of the following is the basic cause of renal calculi?
 

a. Drinking hard water	c. Getting too much calcium in the diet
b. A habit of delaying passing urine	d. Crystals formed from chemicals in the urine
- \_\_\_\_\_ 7. Acute renal failure may result in all the following except:
 

a. uremia	c. sudden kidney failure
b. death	d. progressive loss of kidney function
- \_\_\_\_\_ 8. The only long term treatment for uremia is
 

a. a kidney transplant	c. radiation
b. antibiotics	d. blood transfusions

1

2

3